

# IAN M. KLEPCYK

Lincoln, NE • [iklepcyk2@nebraska.edu](mailto:iklepcyk2@nebraska.edu) • Google Scholar

---

## EDUCATION

**University of Nebraska-Lincoln**, Lincoln, NE  
**Doctor of Philosophy in Clinical Psychology**  
Advisor: Dr. Tierney Lorenz

**Expected 2031**

**University of Houston-Clear Lake**, *Houston, TX*  
**Master of Arts in Clinical Psychology • GPA: 3.98**  
Advisor: Dr. Sean Lauderdale

**Expected July 2026**

**Southwestern University**, *Georgetown, TX*  
**Bachelor of Arts in Psychology • GPA: 3.6**  
Minor in Feminist Studies  
Senior Capstone: Research in Behavioral Neuroscience

**May 2024**

---

## PEER-REVIEWED PUBLICATIONS

Guarraci, F. A., **Klepcyk, I. M.**, Thompson, L. M., Streifer, M., Hilz, E. N., Hudson, G., Meerts, S. H., & Gore, A. C. (2025). Chronic periadolescent leuprolide exposure affects the expression of multiple genes in the hypothalamus and pituitary gland with a different pattern of expression in female and male long-evans rats. *Hormones and Behavior*, 174, 105798. <https://doi.org/10.1016/j.yhbeh.2025.105798>

---

## MANUSCRIPTS IN PROGRESS

Lauderdale, S., **Klepcyk, I.**, MacPherson, A., Esfandi, S., Rose, R., & Wieck, J. (2026, in revision). General Artificial Intelligence-Large Language Models' Identification of and Public Stigma for Lesbian and Heterosexual Women with Female Orgasmic Disorder. Manuscript in progress.

**Klepcyk, I.**, Esfandi, S., Castillo, E., & MacPherson, A. (Manuscript in preparation). Existential Anxiety: Sexism, Objectification, and Irritable Bowel Syndrome as Predictors of Health Anxiety in Women

---

## BOOK CHAPTERS, ENCYCLOPEDIA ENTRIES, AND MANUALS

**Klepcyk, I.**, & Guarraci F. (2024). Copulatory Thrusting: Mammalian - Rodentia. In: *Shackelford, T.K. (eds) Encyclopedia of Sexual Psychology and Behavior*. Springer, Cham.

**Klepcyk, I.**, & Guarraci F. (2024). Cross-Cultural Comparisons: Lordosis Behavior. In: *Shackelford, T.K. (eds) Encyclopedia of Sexual Psychology and Behavior*. Springer, Cham.

---

## ORAL PRESENTATIONS AND SYMPOSIUM TALKS

**Klepczyk, I., & Giuliano, T.** (April, 2024). *Straight but Likes Anal? An Exploration into Stigma and Anal Sex in Heterosexual Relationships*. Oral presentation delivered at the Research and Creative Works Symposium at Southwestern University, Georgetown, TX.

---

## PEER-REVIEWED PUBLISHED ABSTRACTS

**Klepczyk, I., Charif, Y., Tucker, J., & Lauderdale, S.** (2026). Near-right, not quite! New assessment of not just right experiences across emotions, thoughts, and behaviors. *Journal of Mood & Anxiety Disorders*, Abstract F132. [Poster presentation at the Anxiety and Depression Association of America Annual Conference].

Charif, Y., **Klepczyk, I., & Lauderdale, S.** (2026). Artificial intelligence literacy for mental health scale (ALMA): Initial reliability and validity. *Journal of Mood & Anxiety Disorders*, Abstract F48. [Poster presentation at the Anxiety and Depression Association of America Annual Conference].

---

## POSTER PRESENTATIONS

**Klepczyk, I., Charif, Y., Tucker, J., & Lauderdale, S.** (August, 2026) *Near-Right, Not Quite! New Assessment of Not Just Right Experiences*. Poster presented at the annual convention of the American Psychological Association, Virtual conference.

Charif, Y., **Klepczyk, I., Tucker, J., & Lauderdale, S.** (August, 2026) *AI Literacy for Mental Health Scale (ALMA): Initial Reliability & Validity*. Poster presented at the annual convention of the American Psychological Association, Virtual conference.

**Klepczyk, I., & Lauderdale, S.** (April, 2026). *Large Language Models' Identification of and Public Stigma for Lesbian and Heterosexual Women with Female Orgasmic Disorder*. Poster presented at the SAGA: Sexuality and Generative AI Symposium, Virtual conference.

**Klepczyk, I., Esfandi, S., Castillo, E., Rose, R., Lumbo, S., Wieck, J., & Lauderdale, S.** (November, 2025). *Examining Generative AI's Knowledge and Bias: Assessing Recognition of Symptoms, Distress, and Public Stigma for Lesbian and Heterosexual Women with Female Orgasmic Disorder*. Project presented at the annual convention of the Association for Behavioral and Cognitive Therapies, New Orleans, LA.

Guarraci, F.A., **Klepczyk, I.M.,** Thompson, L.M., Streifer, M., Hiltz, E.N., Hudson, G., Meerts, S.H., Gore, A.C. (July, 2025) *Chronic periadolescent leuprolide exposure affects the expression of multiple genes in the hypothalamus and pituitary gland with a different pattern of expression in female and male Long-Evans rats*. Poster presented at the annual meeting of the Society for Behavioral Neuroendocrinology at University of British Columbia Vancouver, British Columbia, Canada.

**Klepczyk, I., Wheeler, A., Avila, A., & Guarraci, F.A.** (June, 2024). *The Sexy Side of Ozempic: Possible effects of semaglutide on sexual functioning in middle-aged male rats*. Poster presented at the annual meeting of the Society for Behavioral Neuroendocrinology at The Ohio State University, Columbus, OH.

---

## RESEARCH EXPERIENCE

### Women's Integrative Sexual Health (WISH) Laboratory

University of Nebraska-Lincoln

February 2026 to Present

- Researching various topics related to the women's sexual health
- Currently exploring how responses from LLMs when communicating with women with sexual dysfunction concerns are potentially biased or stigmatizing (MOSAIC)
- Conducting critical text analyses, training undergraduate research assistants in how to communicate with LLMs, and writing manuscripts
- Supervised by Dr. Tierney Lorenz

### Existential Health Anxiety and Sexism

University of Houston-Clear Lake

November 2024 to Present

- Research project aimed at exploring the role sexism, objectification, and IBS plays in existential health anxiety in women
- Collaborating with other lab members on collecting data via, analyzing data, and writing manuscript
- Supervised by Dr. Ashley MacPherson

### Examining Generative AI's Knowledge and Bias in Diagnosing Female Orgasmic Disorder

University of Houston-Clear Lake

August 2024 to Present

- Examining GAI's ability to accurately identify diagnoses, symptoms, and distress of women who experience FOD
- Comparing different response content from several LLMs based on sexual orientation, specifically heterosexual and lesbian women
- Collecting data from numerous GAI programs, coding prompt responses, running data analyses, and writing project manuscript
- Manuscript in revision, submitted to *Archives of Sexual Behavior*
- Lead research assistant and student writer, managing fellow team members through tasks
- Supervised by Dr. Sean Lauderdale

### Effects of Leuprolide on Gene Expression in the Hypothalamus and Pituitary Gland

Southwestern University

March 2024 to August 2025

- Lead research assistant and student writer, managed fellow team members and ensured proper administration of leuprolide daily
- Research explored leuprolide's (puberty blockers) effects on puberty and gene expression pathways in the hypothalamus and pituitary gland of long evans rats
- Conducted tests of sexual motivation and functioning through partner preference tests, monitored puberty by examining vaginal opening daily
- Manuscript published in *Hormones and Behavior*
- Supervised by Dr. Fay Guarraci

### Effects of Adolescent Nicotine Exposure on Sexual Dysfunction and Motivation

Southwestern University

March 2024 to May 2024

- Research assistant, administered nicotine vapor exposure daily to long evans rats using an air chamber and pump
- Project explored how nicotine vapor exposure influenced pubertal development in long evans rats, examined preputial separation and ran partner preference tests
- Monitored symptoms of withdrawal and locomotion after final nicotine vapor exposure
- Supervised by Dr. Fay Guarraci

## **Effects of Semaglutide on Sexual Dysfunction and Motivation in Aging Male Long Evans Rats**

Southwestern University

**August 2023 to May 2024**

- Designed and conducted the first study of semaglutide administration in aging long evans rats, aimed to explore how the drug effects sexual functioning in aging males
- Lead research assistant, managed fellow team members and ensured proper administration of semaglutide daily
- Calculated dosage and prepared substance for administration, conducted paced mating tests to measure sexual functioning and motivation
- Extracted trunk blood, centrifuged blood to extract plasma from samples to assess testosterone levels
- Supervised by Dr. Fay Guarraci

## **Effects of Adolescent Morphine Exposure on Sexual Dysfunction and Motivation**

Southwestern University

**September 2023 to May 2024**

- Research assistant, project aimed to explore how morphine administration influences puberty and sexual development in adolescent long evans rats
- Administered morphine solution to male pups twice daily, monitored and acclimated rats to mating chambers
- Examined preputial separation daily to track puberty and ran partner preference tests to measure sexual functioning and motivation
- Supervised by Dr. Fay Guarraci

## **Research in Behavioral Neuroscience Capstone**

Southwestern University

**September 2023 to May 2024**

- Supervised by Dr. Fay Guarraci; designed, conducted, presented, and wrote original research on various topics in the field of behavioral neuroendocrinology
- Predominately worked with animal models of sex (rats) to research effects of drugs on behavior, gene expression, and development
- Published two-chapter entries on relevant topics in the field of behavioral neuroendocrinology, recorded videos of paced mating to aid entries
- Published manuscript on the impacts of Leuprolide on neural pathways in collaboration with Dr. Andrea Gore's lab at the University of Texas at Austin

## **Study Abroad – Amsterdam, The Netherlands**

Southwestern University

**May 2023 to July 2023**

- Participated in a human sexuality course led by Dr. Traci Giuliano in Amsterdam, The Netherlands
- Explored sexuality in another culture by speaking to sex workers, sex educators, and exploring alternative sexual practices
- Research and designed project on anal sex trends in heterosexual relationships, disseminated research through informational graphics and a research presentation
- Conducted a case study of women in heterosexual relationships who participate in anal sex with their partners

---

## **TEACHING EXPERIENCE**

**Guest Lecture**, University of Houston-Clear Lake

**November 2025**

- Title: Sex Talk: Getting Comfortable with Sexual Dysfunction Concerns
- Presented on current diagnostic criteria of sexual dysfunction and how to discuss it with clients
- Presented in Dr. Sean Lauderdale's Psychopathology course

**Teaching Assistant**, University of Houston-Clear Lake

**August 2025 to December 2025**

- Psychotherapy Skills and Professional Orientation, taught by Dr. Ashley MacPherson
- Collaborated with new graduate students to develop their skills as developing psychotherapists

**Substitute Teacher**, The Post Oak School

**November 2024 to December 2025**

- Educate and facilitate hands on learning with children aged 5 through 15
- Implement Montessori education practices to ensure engaged learning

**Substitute Teacher**, Georgetown ISD

**Jan 2023 to May 2024**

- Educated and cared for K-12 students
  - Managed student behavior during times of stress and conflict
  - Observed and practiced intervention strategies with students
- 

## **CLINICAL EXPERIENCE**

**Clinical Intern**, The Women's Home, *Houston, TX*

**January 2025 to Present**

- Supervisors: Beth Auslander Ph.D., Theresa Allen MA, LPC & Tamikia Taylor MS, LPC
- Participate in group and individualized supervision 3+ hours weekly
- Managing a case load of 4 individual clients and 6 groups
- Residential treatment and intensive outpatient facility, serving as an individual therapist and group leader.
- Clinical focus: substance use, unhoused populations, life skills development, post-traumatic stress disorder, major depressive disorder, borderline personality disorder, women's health.
- Interventions implemented: Cognitive Behavioral Therapy, Motivational Interviewing, Dialectical-Behavior Therapy skills training, Cognitive Processing Therapy
- Assessments implemented: Comprehensive intake assessments; chemical dependency assessments

**Practicum Student**, UHCL Psychological Services Clinic, *Houston, TX*

**June 2025 to December 2025**

- Supervisors: Sean Lauderdale Ph.D. & Beth Auslander Ph.D.
  - Participate in group and individualized supervision 3+ hours weekly
  - Managing a case load of 5-7 clients, providing evidence-based and case conceptualized treatment to clients
  - Interventions implemented: Cognitive Behavioral Therapy, exposure-based interventions, Dialectical-Behavior Therapy skills training, Trauma-Focused Cognitive Behavioral Therapy, Acceptance and Commitment Therapy, and Cognitive Processing Therapy
  - Assessments implemented: Comprehensive intake assessments, Chemical dependency assessments, progress monitoring (GAD-7, PHQ-9, PCL-5, CPSS-5, McClean screening instrument for BPD)
  - Clients range in age from childhood to adulthood, and represent a variety of genders, sexual orientation, and ethnicities.
  - Client presenting problems include Borderline Personality Disorder, Social Anxiety Disorder, Generalized Anxiety Disorder, Post Traumatic Stress Disorder, Attention-Deficit Hyperactivity Disorder, Autism Spectrum Disorder, Obsessive Compulsive Personality Disorder and various interpersonal difficulties
- 

## **HONORS AND AWARDS**

**Spotlight Award**, *Anxiety and Depression Association of America*.

**April 2026**

(Awarded for outstanding poster abstract)

**Dean's List**, *Southwestern University*

**Fall 2022-Fall 2024**

**Ruter Scholar Award**, *Southwestern University*

**Fall 2022-Spring 2024**

(Awarded \$27,000. Annually)

**Schrum Paideia Scholar**, *Southwestern University*

**Summer 2023**

(Awarded \$750 for study abroad)

## SERVICE

### *Ad Hoc Journal Reviewer*

- Sexual Medicine Reviews (IF: 3.4)

### *Ad Hoc Dissertation Reviewer*

- Teagan Stotz, *Swinburne University of Technology*

### *University of Houston-Clear Lake*

**Clinical Psychology Student Association**, University of Houston-Clear Lake

**August 2025 to July 2026**

- Officer, Conference and Events Coordinator
  - Organizing and managing program events and confirming conference attendance details and plans
  - Supervised by Dr. Ashley MacPherson
- 

## ADDITIONAL SKILLS AND CERTIFICATIONS

### *Clinical Certifications*

Wechsler Intelligence Scale for Children—Fifth Edition (WISC-V); Wechsler Adult Intelligence Scale—Fifth Edition (WAIS-5); Woodcock-Johnson V (WJ V); Stanford-Binet Intelligence Scales, Fifth Edition (SB5); Crisis Response Plan (CRP); CITI Human Research and CITI Good Clinical Practices

### *Laboratory Skills (Wet Lab)*

Rodent euthanasia in accordance with IACUC protocols; Trunk blood collection; Brain tissue sectioning (brain matrix) and region-specific microdissection; Aliquoting; Centrifuge; In vivo administration of compounds via intraperitoneal (IP), subcutaneous (SC), and intramuscular (IM) injections; Longitudinal monitoring of reproductive development in rodent models; Inhalation exposure administration (vaporized compounds); Steroid hormone administration (estradiol, progesterone)

### *Behavioral Assays (Rodent models)*

Partner preference testing; Paced mating assays; Contact and no-contact behavioral testing paradigms; Acclimation/habituation procedures; Elevated plus maze (anxiety-like behavior assessment); Behavioral and physiological monitoring of withdrawal symptoms

### *Software*

SPSS, Jamovi, Qualtrics, Titanium, Community Care Link (CCL), Clinical Management for Behavioral Health Services (CMBHS)

---

## PROFESSIONAL AFFILIATIONS

American Association of Sexuality Educators, Counselors and Therapists - Student Member

International Academy of Sex Research - Student Member

Society for the Scientific Study of Sexuality – Student Member

Association for Behavioral and Cognitive Therapies – Student Member

Anxiety and Depression Association of America – Student Member

International Society for the Study of Women's Sexual Health – Student Member

---

## REFERENCES

**Tierney Lorenz Ph.D.**, *Professor of Psychology*  
*Doctoral Advisor*  
University of Nebraska-Lincoln  
[Tierney.lorenz@unl.edu](mailto:Tierney.lorenz@unl.edu)  
402.472.3721

**Erin Crockett Ph.D.**, *Professor of Psychology*  
*Advisor and Professor*  
Southwestern University  
[Crockete@southwestern.edu](mailto:Crockete@southwestern.edu)  
512.863.1547

**Traci Giuliano Ph.D.**, *Professor of Psychology*  
*Study Abroad Professor*  
Southwestern University  
[Giuliant@southwestern.edu](mailto:Giuliant@southwestern.edu)  
512.863.1596

**Fay Guarraci Ph.D.**, *Professor of Psychology*  
*Research Mentor and Professor*  
Southwestern University  
[Guarracf@southwestern.edu](mailto:Guarracf@southwestern.edu)  
512.863.1747

**Sean Lauderdale Ph.D.**, *Professor of Health Service*  
*Psychology*  
*Research Mentor and Professor*  
University of Houston-Clear Lake  
[Lauderdale@uhcl.edu](mailto:Lauderdale@uhcl.edu)  
281.283.3305

**Ashley MacPherson Ph.D.**, *Professor of Health Service*  
*Psychology*  
*Research Mentor and Professor*  
University of Houston-Clear Lake  
[Macpherson@uhcl.edu](mailto:Macpherson@uhcl.edu)