

IAN M. KLEPCYK

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EDUCATION

University of Nebraska-Lincoln, Lincoln, NE **Expected 2031**
Doctor of Philosophy in Clinical Psychology
Advisor: Dr. Tierney Lorenz

University of Houston-Clear Lake, *Houston, TX* **Expected July 2026**
Master of Arts in Clinical Psychology • GPA: 3.98
Advisor: Dr. Sean Lauderdale

Southwestern University, *Georgetown, TX* **May 2024**
Bachelor of Arts in Psychology • GPA: 3.6
Minor in Feminist Studies
Senior Capstone: Research in Behavioral Neuroscience

HONORS AND AWARDS

Dean's List, *Southwestern University* **Fall 2022-Fall 2024**
Ruter Scholar Award, *Southwestern University* **Fall 2022-Spring 2024**
(Awarded \$27,000. Annually)
Schrum Paideia Scholar, *Southwestern University* **Summer 2023**
(Awarded \$750 for study abroad)
President's Honor List, *Lone Star College* **Fall 2018-Spring 2022**

MANUSCRIPTS IN PROGRESS

Lauderdale, S., **Klepcyk, I.**, MacPherson, A., Esfandi, S., Rose, R., & Wieck, J. (2026, in revision). General Artificial Intelligence-Large Language Models' Identification of and Public Stigma for Lesbian and Heterosexual Women with Female Orgasmic Disorder. Manuscript submitted to *Archives of Sexual Behavior*.

Klepcyk, I., Esfandi, S., Castillo, E., & MacPherson, A. (Manuscript in preparation). Existential Anxiety: Sexism, Objectification, and Irritable Bowel Syndrome as Predictors of Health Anxiety in Women

PEER-REVIEWED PUBLICATIONS

Guarraci, F. A., **Klepcyk, I. M.**, Thompson, L. M., Streifer, M., Hilz, E. N., Hudson, G., Meerts, S. H., & Gore, A. C. (2025). Chronic periadolescent leuprolide exposure affects the expression of multiple genes in the hypothalamus and pituitary gland with a different pattern of expression in female and male long-evans rats. *Hormones and Behavior*, 174, 105798. <https://doi.org/10.1016/j.yhbeh.2025.105798>

BOOK CHAPTERS, ENCYCLOPEDIA ENTRIES, AND MANUALS

Klepczyk, I., & Guarraci F. (2024). Copulatory Thrusting: Mammalian - Rodentia. In: *Shackelford, T.K. (eds) Encyclopedia of Sexual Psychology and Behavior*. Springer, Cham.

Klepczyk, I., & Guarraci F. (2024). Cross-Cultural Comparisons: Lordosis Behavior. In: *Shackelford, T.K. (eds) Encyclopedia of Sexual Psychology and Behavior*. Springer, Cham.

PRESENTATIONS

Klepczyk, I., & Lauderdale, S. (April, 2026). *Large Language Models' Identification of and Public Stigma for Lesbian and Heterosexual Women with Female Orgasmic Disorder*. Poster presented at the SAGA: Sexuality and Generative AI Symposium, Virtual conference.

Klepczyk, I., Charif, Y., Tucker, J., & Lauderdale, S. (April, 2026). *Near-Right, Not Quite! New Assessment of Not Just Right Experiences Across Emotions, Thoughts, and Behaviors*. Poster presented at the annual convention of the Anxiety and Depression Association of America, Chicago, IL.

Charif, Y., **Klepczyk, I., Tucker, J., & Lauderdale, S.** (April, 2026). *Artificial Intelligence Literacy for Mental Health Scale (ALMA): Initial Reliability and Validity*. Project presented at the annual convention of the Anxiety and Depression Association of America, Chicago, IL.

Klepczyk, I., Esfandi, S., Castillo, E., Rose, R., Lumbo, S., Wieck, J., & Lauderdale, S. (November, 2025). *Examining Generative AI's Knowledge and Bias: Assessing Recognition of Symptoms, Distress, and Public Stigma for Lesbian and Heterosexual Women with Female Orgasmic Disorder*. Project presented at the annual convention of the Association for Behavioral and Cognitive Therapies, New Orleans, LA.

Guarraci, F.A., **Klepczyk, I.M.,** Thompson, L.M., Streifer, M., Hiltz, E.N., Hudson, G., Meerts, S.H., Gore, A.C. (July, 2025) *Chronic periadolescent leuprolide exposure affects the expression of multiple genes in the hypothalamus and pituitary gland with a different pattern of expression in female and male Long-Evans rats*. Poster presented at the annual meeting of the Society for Behavioral Neuroendocrinology at University of British Columbia Vancouver, British Columbia, Canada.

Klepczyk, I., Wheeler, A., Avila, A., & Guarraci, F.A. (June, 2024). *The Sexy Side of Ozempic: Possible effects of semaglutide on sexual functioning in middle-aged male rats*. Poster presented at the annual meeting of the Society for Behavioral Neuroendocrinology at The Ohio State University, Columbus, OH.

Klepczyk, I., & Giuliano, T. (April, 2024). *Straight but Likes Anal? An Exploration into Stigma and Anal Sex in Heterosexual Relationships*. Project presented at the Research and Creative Works Symposium at Southwestern University, Georgetown, TX.

RESEARCH EXPERIENCE

Existential Health Anxiety and Sexism

University of Houston-Clear Lake

November 2024 to Present

- Research project aimed at exploring the role sexism, objectification, and IBS plays in existential health anxiety in women
- Collaborating with other lab members on collecting data via, analyzing data, and writing manuscript
- Supervised by Dr. Ashley MacPherson

Examining Generative AI's Knowledge and Bias in Diagnosing Female Orgasmic Disorder

University of Houston-Clear Lake

August 2024 to Present

- Examining GAI's ability to accurately identify diagnoses, symptoms, and distress of women who experience FOD
- Comparing different response content from several LLMs based on sexual orientation, specifically heterosexual and lesbian women
- Collecting data from numerous GAI programs, coding prompt responses, running data analyses, and writing project manuscript
- Manuscript in revision, submitted to *Archives of Sexual Behavior*
- Lead research assistant and student writer, managing fellow team members through tasks
- Supervised by Dr. Sean Lauderdale

Effects of Leuprolide on Gene Expression in the Hypothalamus and Pituitary Gland

Southwestern University

March 2024 to August 2025

- Lead research assistant and student writer, managed fellow team members and ensured proper administration of leuprolide daily
- Research explored leuprolide's (puberty blockers) effects on puberty and gene expression pathways in the hypothalamus and pituitary gland of long evans rats
- Conducted tests of sexual motivation and functioning through partner preference tests, monitored puberty by examining vaginal opening daily
- Manuscript published in *Hormones and Behavior*
- Supervised by Dr. Fay Guarraci

Effects of Adolescent Nicotine Exposure on Sexual Dysfunction and Motivation

Southwestern University

March 2024 to May 2024

- Research assistant, administered nicotine vapor exposure daily to long evans rats using an air chamber and pump
- Project explored how nicotine vapor exposure influenced pubertal development in long evans rats, examined preputial separation and ran partner preference tests
- Monitored symptoms of withdrawal and locomotion after final nicotine vapor exposure
- Supervised by Dr. Fay Guarraci

Effects of Semaglutide on Sexual Dysfunction and Motivation in Aging Male Long Evans Rats

Southwestern University

August 2023 to May 2024

- Designed and conducted the first study of semaglutide administration in aging long evans rats, aimed to explore how the drug effects sexual functioning in aging males
- Lead research assistant, managed fellow team members and ensured proper administration of semaglutide daily
- Calculated dosage and prepared substance for administration, conducted paced mating tests to measure sexual functioning and motivation
- Extracted trunk blood, centrifuged blood to extract plasma from samples to assess testosterone levels
- Supervised by Dr. Fay Guarraci

Effects of Adolescent Morphine Exposure on Sexual Dysfunction and Motivation

Southwestern University

September 2023 to May 2024

- Research assistant, project aimed to explore how morphine administration influences puberty and sexual development in adolescent long evans rats
- Administered morphine solution to male pups twice daily, monitored and acclimated rats to mating chambers
- Examined preputial separation daily to track puberty and ran partner preference tests to measure sexual functioning and motivation
- Supervised by Dr. Fay Guarraci

Research in Behavioral Neuroscience Capstone

Southwestern University

September 2023 to May 2024

- Supervised by Dr. Fay Guarraci; designed, conducted, presented, and wrote original research on various topics in the field of behavioral neuroendocrinology
- Predominately worked with animal models of sex (rats) to research effects of drugs on behavior, gene expression, and development
- Published two-chapter entries on relevant topics in the field of behavioral neuroendocrinology, recorded videos of paced mating to aid entries
- Published manuscript on the impacts of Leuprolide on neural pathways in collaboration with Dr. Andrea Gore's lab at the University of Texas at Austin

Study Abroad – Amsterdam, The Netherlands

Southwestern University

May 2023 to July 2023

- Participated in a human sexuality course led by Dr. Traci Giuliano in Amsterdam, The Netherlands
- Explored sexuality in another culture by speaking to sex workers, sex educators, and exploring alternative sexual practices
- Research and designed project on anal sex trends in heterosexual relationships, disseminated research through informational graphics and a research presentation
- Conducted a case study of women in heterosexual relationships who participate in anal sex with their partners

TEACHING EXPERIENCE

Guest Lecture, University of Houston-Clear Lake

November 2025

- Title: Sex Talk: Getting Comfortable with Sexual Dysfunction Concerns
- Presented on current diagnostic criteria of sexual dysfunction and how to discuss it with clients
- Presented in Dr. Sean Lauderdale's Psychopathology course

Teaching Assistant, University of Houston-Clear Lake

August 2025 to December 2025

- Psychotherapy Skills and Professional Orientation, taught by Dr. Ashley MacPherson
- Collaborated with new graduate students to develop their skills as developing psychotherapists

Substitute Teacher, The Post Oak School

November 2024 to December 2025

- Educate and facilitate hands on learning with children aged 5 through 15
- Implement Montessori education practices to ensure engaged learning

Substitute Teacher, Georgetown ISD

Jan 2023 to May 2024

- Educated and cared for K-12 students
- Managed student behavior during times of stress and conflict
- Observed and practiced intervention strategies with students

CLINICAL EXPERIENCE

Clinical Intern, The Women's Home, *Houston, TX*

January 2025 to Present

- Supervisors: Theresa Allen MA, LPC & Tamikia Taylor MS, LPC
- Participate in group and individualized supervision 3+ hours weekly
- Managing a case load of 4 individual clients and 6 groups
- Residential treatment and intensive outpatient facility, serving as an individual therapist and group leader.
- Clinical focus: substance use, unhoused populations, life skills development, post-traumatic stress disorder, major depressive disorder, borderline personality disorder, women's health.

- Interventions implemented: Cognitive Behavioral Therapy, Motivational Interviewing, Dialectical-Behavior Therapy skills training, trauma-informed interventions
- Assessments implemented: Comprehensive intake assessments; chemical dependency assessments

Practicum Student, UHCL Psychological Services Clinic, *Houston, TX*

June 2025 to December 2025

- Supervisors: Sean Lauderdale Ph.D. & Beth Auslander Ph.D.
 - Participate in group and individualized supervision 3+ hours weekly
 - Managing a case load of 5-7 clients, providing evidence-based and case conceptualized treatment to clients
 - Interventions implemented: Cognitive Behavioral Therapy, exposure-based interventions, Dialectical-Behavior Therapy skills training, Trauma-Focused Cognitive Behavioral Therapy, Acceptance and Commitment Therapy, and Cognitive Processing Therapy
 - Assessments implemented: Comprehensive intake assessments, progress monitoring (GAD-7, PHQ-9, PCL-5, CPSS-5, McClean screening instrument for BPD)
 - Clients range in age from childhood to adulthood, and represent a variety of genders, sexual orientation, and ethnicities.
 - Client presenting problems include Borderline Personality Disorder, Social Anxiety Disorder, Generalized Anxiety Disorder, Post Traumatic Stress Disorder, Attention-Deficit Hyperactivity Disorder, Autism Spectrum Disorder, Obsessive Compulsive Personality Disorder and various interpersonal difficulties
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ACADEMIC ORGANIZATIONS AND ACTIVITIES

Clinical Psychology Student Association, University of Houston-Clear Lake

August 2025 to Present

- Officer, Conference and Events Coordinator
 - Organizing and managing program events and confirming conference attendance details and plans
 - Supervised by Dr. Ashley MacPherson
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PROFESSIONAL AFFILIATIONS

American Association of Sexuality Educators, Counselors and Therapists - Student Member

International Academy of Sex Research - Student Member

Society for the Scientific Study of Sexuality – Student Member

Association for Behavioral and Cognitive Therapies – Student Member

Anxiety and Depression Association of America – Student Member

International Society for the Study of Women’s Sexual Health – Student Member

REFERENCES

Dr. Fay Guarraci, *Professor of Psychology*
Research Mentor and Professor
Southwestern University
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