

CURRICULUM VITAE
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she/her/hers

Personal Information

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EDUCATION

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| August
2020 –
present | Doctor of Philosophy (expected August 2026)
University of Nebraska–Lincoln
Department of Psychology
Clinical Psychology Training Program (APA Accredited)
<i>Concentration:</i> Quantitative Methods
<i>Dissertation:</i> Exploring contextual factors influencing sex-linked substance use in women across the lifespan: A mixed methods approach.
<i>Dissertation Chair:</i> Tierney K. Lorenz, Ph.D.
<i>Dissertation Proposal Approved:</i> September 2024 |
| May 2022 | Master of Arts
University of Nebraska–Lincoln
Department of Psychology
Clinical Psychology Training Program (APA Accredited)
<i>Thesis:</i> Higher sexual avoidance, not higher pathogen disgust, is associated with lower arousal in women with a history of unwanted sex.
<i>Thesis Advisor:</i> Tierney K. Lorenz, Ph.D. |
| May 2019 | Bachelor of Arts
The College of Wooster
<i>cum laude; Thesis Honors</i>
<i>Major:</i> Psychology <i>Major:</i> Biology
<i>Honors Thesis:</i> The effects of biased auditory sex ratios on ejaculation parameters in healthy human males (<i>Homo sapiens</i>)
<i>Thesis Advisor:</i> John Neuhoff, Ph.D., Laura Sirot, Ph.D. |

FELLOWSHIPS, ACADEMIC AWARDS, AND HONORS

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|----------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 2023 &
2024 | Graduate Student Spotlight Award
University of Nebraska–Lincoln
<i>Description:</i> Recognizes graduate student accomplishments in teaching, research, and mentorship. Awarded twice. |
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2024	Psychological Consultation Center Fellowship University of Nebraska–Lincoln <i>Amount:</i> \$400 for clinical training/workshops.
2023	Graduate Student Travel Award College of Arts and Sciences, University of Nebraska–Lincoln <i>Amount:</i> \$500 for conference travel and research dissemination.
2022	Best Poster Presentation International Society for the Study of Women’s Sexual Health (ISSWSH) <i>Description:</i> Recognizes the best poster presentation at the ISSWSH Annual Meeting.
2021 – present	Research Advisory Committee/Warden Travel Awards Department of Psychology, University of Nebraska–Lincoln <i>Amount:</i> \$1,110 for conference travel
2019	David A Leach Memorial Prize in Psychology The College of Wooster <i>Description:</i> Competitive award that recognizes overall excellence in psychology coursework and Honors Thesis. <i>Amount:</i> \$200

PUBLICATIONS

Peer-Reviewed Articles

1. **Jones, H. R.,** & Lorenz, T. K. (2024). Higher sexual avoidance, not higher pathogen disgust, is associated with lower arousal in women with a history of unwanted sex. *Evolutionary Psychological Science*.
<https://doi.org/10.1007/s40806-024-00392-5>
2. Jaffe, A. E., Blayney, J. A., **Jones, H. R.,** Stappenbeck, C. A., George, W. H., & Davis, K. C. (2023). Sexual decision making when intoxicated: A content analysis of women’s reasons for and against having sex in a laboratory-based scenario. *The Journal of Sex Research*, 1-16.
<https://doi.org/10.1080/00224499.2023.2249774> PMID: 37651745
3. Sánchez, S. I., **Jones, H. R.,** Bogen, K.W. & Lorenz, T.K. (2023). Emerging adults’ perceptions of the different kinds of barriers to talking to their parents and healthcare providers about their sexuality: A mixed method study. *American Journal of Orthopsychiatry*, 93(4), 335–349.
<https://doi.org/10.1037/ort0000677> PMID: 37166897
4. **Jones, H. R.,** & Lorenz, T. K. (2022). Higher sexual excitation is associated with an increase in sex-linked substance use in women with a history of unwanted sexual activity. *The Canadian Journal of Human Sexuality*, 31(3), 432–442. <https://doi.org/10.3138/cjhs.2022-0020> PMID: 37274840
5. Bogen, K. W., **Jones, H. R.** & Lorenz, T. K. (2022) Relationship satisfaction, emotional closeness, sexual excitation, and sexual sensation seeking mediate the relationship between women’s intoxication-related sexual trauma and solitary versus dyadic pleasure and desire. *The Journal of Sex Research*, 59(9), 1175–1191. <https://doi.org/10.1080/00224499.2022.2030661> PMID: 35262426

Manuscripts Under Review or Preparing to Resubmit

1. **Jones, H.R.,** Sartin-Tarm, A., & Lorenz, T.K. (2024) Interactions of menstrual phase, sexual trauma history and inflammation have moderate small effects on women’s arousal, anxiety and disgust responses to sexual stimuli: Results from a pre-registered study. *Evolution and Human Behavior*. Manuscript under review.
2. Howard Valdivia., R, Edwards, M., **Jones, H.R.,** Kumar, S., & Jaffe., A.E. (2024) A prospective examination of sexual assault labeling and posttraumatic stress: Does trust in the perpetrator make a difference? *Psychological Trauma: Theory, Research, Practice, and Policy*. Manuscript under review.

3. Bogen, K. W., **Jones, H. R.** & Lorenz, T.K. (2024) Sexual health outcomes associated with experiences of stealthing.

Manuscripts in Advanced Stages of Preparation

1. Bogen, K. W., **Jones, H. R.**, Brockdorf, A. N., Edwards, M. E., Church, H. R. & Lorenz, T. K. (2024) A Comparison of Physical, Mental, Sexual, and Substance-Related Outcomes Associated with Unwanted Sexual Contact via Stealthing, Coercion, Intoxication, and Force. Manuscript under construction.

RESEARCH PRESENTATIONS

Oral Presentations/Talks

1. **Jones, H.R.**, Lorenz, T.K. (2024, November). Lower sexual functioning is associated with more frequent use of alcohol and recreational substances with sexual activity in young women. Oral presentation to be presented at the 2024 Symposium on Substance Use Research. Lincoln, NE.
2. **Jones, H.R.**, Lorenz, T.K. (2024, March). Lower sexual functioning and, in particular, sexual pain is associated with more frequent use of alcohol and recreational substances with sexual activity in young women. Oral presentation presented at the International Society for the Study of Women's Sexual Health Annual Meeting. Long Beach, CA.
3. Bogen, K.W., **Jones, H.R.**, & Lorenz, T.K. (2024, March). Sexual violence erodes sexual communication skills among college women, but skills do not protect against sexual violence. Symposium presented at the Annual Convention of the Association for Women in Psychology. Virtual Conference.
4. Bogen, K.W., **Jones, H.R.**, & Lorenz, T.K. (2023, March). Sexual excitation and sensation seeking mediate associations between pleasure, desire, and substance use. Paper presented at the Annual Convention of the Association for Women in Psychology. Atlanta, GA.
5. Bogen, K.W., **Jones, H.J.**, Hunter, J., & Lorenz, T.K. (2022, November). Sexual wellbeing outcomes related to different forms of unwanted sexual contact. Paper presented for symposium at Annual Meeting of the International Society for Traumatic Stress Studies, Atlanta, GA.
6. **Jones, H.R.**, Bogen, K.W., & Lorenz, T.K. (2022, March). Sexual wellness outcomes associated with experiences of stealthing. Oral presentation presented at the International Society for the Study of Women's Sexual Health Annual Meeting. Dallas, TX. <https://doi.org/10.1016/j.jsxm.2022.05.022>
7. Bogen, K.W., **Jones, H. R.**, & Lorenz, T.K. (2021, November). Sexual wellness and substance use outcomes associated with experiences of stealthing. Oral presentation presented to the Rural Drug Addiction Research Center (RDAR) Symposium on Substance Use Research. Virtual Conference.
8. Sánchez, S., **Jones, H. R.**, & Lorenz, T.K. (2021, May). Sexual shame at the intersection of racial and sexual orientation identities. Oral presentation presented at the 7th National LGBTQ Health Conference.
9. **Jones, H. R.**, Bogen, K. W. & Lorenz, T.K. (2021, March) Measures of sexual functioning, particularly pain functioning, are imperfect predictors of women's sexual pleasure. Oral presentation presented at the International Society for the Study of Women's Sexual Health Annual Meeting. <https://doi.org/10.1093/jsxmed/qdad068.021>
10. Bogen, K. W., **Jones, H. R.**, & Lorenz, T.K. (2021, March) Earlier age of first sexual activity predicts women's higher sexual pleasure, but also higher sexual shame. Oral presentation presented at the International Society for the Study of Women's Sexual Health Annual Meeting. <https://doi.org/10.1093/jsxmed/qdad068.020>
11. Bogen, K. W., **Jones, H. R.**, & Lorenz, T. K. (2021, March) Excitation, sensation seeking, and relational factors mediate the relationship between women's intoxication-related sexual trauma and solitary versus dyadic pleasure and desire. Oral presentation presented at the Association for Women in Psychology Annual Meeting.

12. **Jones, H. R.**, & Lorenz, T.K. (2020, November). Higher sexual excitation is associated with an increase in sex-linked substance use in women with a history of unwanted sexual activity. Oral presentation presented at the 2020 Symposium on Substance Use Research, Lincoln, NE.
13. Lorenz, T. K. & **Jones, H R.** (2020, November). Long term effects of sexual violence on women's sexual wellbeing. Oral presentation presented at the 21st Annual Fall Scientific Meeting of the Sexual Medicine Society of North America.

Conference Poster Presentations

1. Howard Valdivia, R. L., Edwards, M. E., **Jones, H. R.**, Kumar, S. A., & Jaffe, A. E. (2024, August). A prospective analysis of survivor sexual assault labeling, posttraumatic stress and betrayal trauma. Poster to be presented at the annual American Psychological Association convention (Seattle, WA).
2. Maladecki, J., Bogen, K.W., **Jones, H.R.**, & Lorenz, T.K. (2023, November). Exploratory sexual fantasies explain the link between sexual sensation seeking and sex-linked substance use among college women. Submitted for Presentation at the Symposium on Substance Use Research. Rural Drug Addiction Research Center - University of Nebraska.
3. **Jones, H.R.**, Sartin-Tarm, A., & Lorenz, T.K. (2023) Interactions of menstrual phase, sexual trauma history and inflammation have moderate small effects on women's arousal, anxiety and disgust responses to sexual stimuli: Results from a pre-registered study. Poster presented at the 70th Annual Nebraska Symposium on Motivation. Lincoln, NE.
4. **Jones, H.R.**, & Lorenz, T.K. (2023, March). Partnered sexual desire influences sex-related alcohol and drug expectancies and subsequent sex-linked substance use. Poster presented at the International Society for the Study of Women's Sexual Health Annual Meeting. St. Louis, MO.
5. **Jones, H.R.**, & Lorenz, T.K. (2022, July). Sexual inhibition and sexual disgust predict sexual desire in women with a sexual trauma history, but not in those without. Poster presented at the International Society of Sex Research 48th Annual Meeting, Reykjavík, Iceland.
6. Sánchez, S. I., **Jones, H. R.**, Lorenz, Bogen, K.W., T. K. (July, 2022). Disgust and change in religious status predict lower genital self-image in young women. Poster presented at the International Academy of Sex Research Annual Meeting – Reykjavik, Iceland.
7. **Jones, H.R.**, Sartin-Tarm, A., & Lorenz, T.K. (2022, March). Unwanted sexual activity history and relationship status predict sexual side effects of hormonal contraception use. Poster presented to the International Society for the Study of Women's Sexual Health Annual Meeting. Dallas, TX. ****Best Poster Presentation****
8. Sartin-Tarm, A., **Jones, H.R.**, & Lorenz, T.K. (2022, March). Unwanted sexual activity history and relationship status predict sexual side effects of hormonal contraception use. Poster presented to the International Society for the Study of Women's Sexual Health Annual Meeting. Dallas, TX.
9. **Jones, H. R.**, Bogen, K.W., & Lorenz, T.K. (2022, April). Measures of sexual functioning, particularly pain functioning, are imperfect predictors of women's sexual pleasure. Poster presented to the 43rd Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine (SBM), Baltimore, MD.
10. Sánchez, S., **Jones, H.** & Lorenz, T.K. (2021, March) Objectification may be a stronger predictor of intoxication-related assault in bisexually attracted women than internalized homophobia. Poster presented at the 68th Annual Nebraska Symposium on Motivation.
11. **Jones, H.**, Neuhoff, J., & Sirot, L. (2019, July). Men alter ejaculate parameters in response to sex-biased auditory cues. Poster accepted for presentation at the 56th Annual Conference of the Animal Behavior Society, Chicago, IL.
12. **Jones, H.**, & Badour, C. L. (2019, April). Sexual functioning among women with a history of sexual trauma: Understanding the role of self-disgust. Poster presented at the 39th Annual Meeting of the Anxiety and Depression Association of America, Chicago, IL.
13. **Jones, H.**, Neuhoff, J., & Sirot, L. (2019, April). The effects of biased auditory sex ratios on ejaculation parameters in healthy human males (*Homo sapiens*). Poster presented at the 91st Meeting of the Midwestern Psychological Association, Chicago, IL.

PRE-REGISTRATIONS

Open Science Frameworks (OSF)

- 2022 **Disgust & Arousal in Women with unwanted sexual activity history (DARWEN)**
OSF Pre-Registration: <https://osf.io/6kr5c>
Publicly available dataset: <https://osf.io/au4ez/>
Publication: <https://doi.org/10.1007/s40806-024-00392-5>
- 2021 **Cycle effect on mood, behaviors, and inflammation in trauma survivors (CyMBIOTS)**
- 2021 **Mechanisms of Arousal, Inflammation and Disgust (MAID)**
OSF Pre-Registration: <https://osf.io/89ue7/>
OSF Pre-Registration: <https://osf.io/nhc94/>

RESEARCH EXPERIENCE

Graduate Research Experience

- 2024 – present **Principal Investigator**, Dissertation
University of Nebraska–Lincoln
Study Title: Exploring contextual factors influencing sex-linked substance use in women across the lifespan: A mixed methods approach
Supervisor: Tierney Lorenz, Ph.D.
- Study Overview:* to investigate key factors that may influence sex-linked substance use in women including sexual functioning, sexual pain, relationships, and help-seeking behaviors across a three-paper mixed-method study
- Responsibilities:*
- Developed study design and theory
 - Wrote and submitted multiple independent IRB protocols
 - Conduct semi-structured interviews
 - Led a thematic coding team for semi-structured interviews
 - Maintain and operate study finances, including participant compensation
 - Manage data from multiple sources (online surveys, transcripts data)
 - Analyze data using advanced statistical techniques in Mplus and R
- 2023 – 2024 **Research Team Member**, Motivations, Attitudes, and Perceptions (MAP) Study
University of Nebraska-Lincoln
Principal Investigators: David DiLillo Ph.D., Sarah Gervais Ph.D.,
- Study Overview:* The Motivations, Attitudes, and Perceptions (MAP) Study is an NIAAA-funded project seeks to reduce sexual violence through a new Motivational Interviewing (MI) intervention to decrease heavy drinking and encourage young adults to intervene with their peers to prevent sexual assault through bystander intervention. Specifically, this clinical trial seeks to evaluate a promising new intervention, Motivate-the-Bystander (MTB), in combination with a proven motivational interviewing intervention to reduce alcohol use (ALC) with a sample of heavy drinkers. Assessment of sexual violence risk and alcohol-related outcomes will be done multimodally using electronic daily diaries and a validated virtual reality-based measure of observed bystander behaviors.
- Funding Source:* NIH/National Institute on Alcohol Abuse and Alcoholism (NIAAA)

Responsibilities:

- Complete training on MI skills and project specific MI protocols (e.g., MTB and ALC).
- Implement project specific MI protocols intervention focused on increasing prosocial bystander intervention behaviors and reducing alcohol misuse behaviors.
- Engage in peer supervision.

2021 –
2022

Research Assistant, Identity, Resilience, and Interconnection after Stress (IRIS)
University of Nebraska-Lincoln and University of Washington
Principal Investigator: Anna Jaffe, Ph.D.

Study Description: to assess trajectories of PTSD, alcohol use, and social changes among young adults who have had a recent sexual assault and comparisons without a history of sexual assault.

Funding Source: National Institute on Alcohol Abuse and Alcoholism (NIAAA)

Experience:

- Developed IRB materials, in lab protocol, study materials
- Conducted pilot testing among focus groups
- Trained undergraduate RAs on transcription
- Development and validation of social network interviews
- Development of semi-structure sexual assault interviews and protocol
- Completed standardized training to conduct Clinician-Administered PTSD Scale for DSM-5 (CAPS-5) diagnostic interviews.
- Conducted CAPS-5 and semi-structured sexual assault and social network interviews among young adults who had experienced a recent sexual assault.
- Engaged in peer supervision and training of peer graduate researchers on both CAPS-5 interviews and semi-structured interviews.

2021 –
2023

Study Coordinator, Life Experiences Survey
Principal Investigator: Anna Jaffe, Ph.D.

Study Description: to develop and test a personalized normative feedback intervention to reduce vaccine hesitancy among young adults

Experience:

- Developed IRB materials and change requests
- Managed participant recruitment and retention across 4 semesters and 6 waves
- Managed participant compensation
- Developed codebook, data cleaning, and syntax across 7 years, 14 semesters, and 36 waves
- Mentor incoming graduate students and train new study coordinator

2021 –
2022

Research Assistant, Alcohol-focused Support of Survivors In Sororities Training.
University of Nebraska-Lincoln and University of Washington
Principal Investigator: Anna Jaffe, Ph.D.

Study Descriptions: to development and evaluation a new online program called ASSIST – Alcohol-focused Support of Survivors In Sororities Training. The training is designed to help sorority members learn how to support friends who have had an unwanted sexual

experience, both during the initial discussion of the experience and when navigating recovery in the longer-term.

Funding Source: National Institute on Alcohol Abuse and Alcoholism (NIAAA)

Experience:

- Developed IRB materials and study materials
- Assisted with app development (vignettes, substance use strategies, resources)
- Conducted pilot testing among focus groups
- Assisted with recruitment

2021 – **Research Assistant**, Real-world Experiences of Alcohol and Cognitions over Time (REACT)
2022 University of Nebraska-Lincoln and University of Washington

Principal Investigator: Anna Jaffe, Ph.D.

Study Description: to create and assess smartphone-based cognitive tasks to examine how acute alcohol intoxication affects attention.

Funding Source: National Institute on Alcohol Abuse and Alcoholism (NIAAA)

Experience:

- Conducted rapid prototyping sessions
- Creation of IRB and study materials
- Attend team meetings

2021 – **Research Team Member**, Project VERO
2022 University of Nebraska-Lincoln and University of Washington

Principal Investigator: Anna Jaffe, Ph.D.

Study Description: to develop and test a personalized normative feedback intervention to reduce vaccine hesitancy among young adults.

Funding Source: CDC and APA

Experience:

- Conducted rapid prototyping sessions
- Attend team meetings

2020 – **Research Assistant**, Desire & Immunity Across the Life Span (DIALS)
2022 University of Nebraska-Lincoln

Principal Investigator/Supervisors: Tierney Lorenz, Ph.D.

Study Description: The DIALS study sought to understand how inflammation is related to women's sexual desire in both pre- and post-menopausal women. Procedures involve diagnostic sexual functioning interviews, a sexual arousal paradigm collecting physiological measures of arousal (e.g., photoplethysmograph, EKG) and online surveys.

Funding Source: The Brisben Foundation

Experience:

- Assisted with study management, study planning, and protocol development

- Completed participant sessions including self-report surveys, a sexual arousal paradigm, physiological measures of arousal (e.g., photoplethysmograph, EKG, and a semi structured interview)
- Completed standardized training to conduct diagnostic sexual function interviews for Female Sexual Disorders in the DSM-5.
- Conducted diagnostic sexual function interviews among pre- and post-menopausal women.
- Collected and cleaned heart rate variability and vaginal plethysmography data.
- Extensive experience collecting and processing human blood (via dried blood spot), saliva, and vaginal fluid samples.
- Conducted enzyme-linked immunoassays to detect steroid hormone and inflammation marker levels.
- Engage in group supervision.

2021

Research Assistant, Cycle effects on mood, behaviors, and inflammation in trauma survivors (CyMBIOTS)

University of Nebraska-Lincoln

Principal Investigator/Supervisors: Tierney Lorenz, Ph.D.

Study Description: examine the interaction between sexual activity status and trauma history on changes in inflammation and mood symptoms across the menstrual cycle in order to (a) replicate prior research showing that changes in inflammation across the menstrual cycle contribute to mood and anxiety symptoms among sexual trauma survivors, and (b) novel to this study, test if sexual trauma and sexual behavior interact to predict changes in inflammation across the menstrual cycle.

Funding Source: Brain and Behavior Research Foundation (BBRF)

Experience:

- Assisted with OSF preregistration submission and protocol development
- Completed participant sessions including self-report surveys, a sexual arousal paradigm, psychoeducation on vaginal microbiome
- Managed participant recruitment, compensation, retention, and tracking
- Collected saliva samples and conducted enzyme-linked immunoassays to detect steroid hormone and inflammation marker levels.

Post-Baccalaureate Research Experience

2019-
2020

Research Assistant, Center on Trauma and Children (CTAC)

University of Kentucky

Supervisor: Jessica Eslinger, Ph.D.

Responsibilities:

- Scheduled and conducted various baseline/post-treatment psychometrics and assessments one-on-one with both clients and caregivers.
- Collected, organized, and managed data, prepared syntax and conducted statistical analysis of data from trainings and interventions associated with multiple SMASHA and NCTSN grants using SPSS and Excel.
- Collaborated on writing of literature reviews and manuscripts surrounding data from the Secondary Traumatic Stress Practice Lab (STP Lab).

- Created progress reports for organizations involved in the STP Lab and the Trauma Learning Center.
- Assisted with preparation for Trauma Informed Care and Secondary Traumatic Stress (STS) trainings conducted by CTAC across Kentucky and various states.
- Attended presentations and research forums held by CTAC and the University of Kentucky Center for Clinical and Translational Science on topics such as Letter of Intent Writing, Trauma and Autism Spectrum Disorder and STS.

Undergraduate Research Experience

2017-
2019

Principal Investigator, College of Wooster, Psychology and Biology Departments
Supervisors: Laura Sirot, Ph.D., & John Neuhoff, Ph.D.

Study Overview: experimental paradigm examining the effect of auditory perception of biased vocal sex ratios on ejaculation parameters in healthy human males.

Responsibilities:

- Independently developed study protocol, IRB submission and management, study planning, and theory
- Applied for internal grant funding
- Managed participant recruitment and retention
- Trained and supervised undergraduate research assistants
- Completed training at the Cleveland Clinic on ejaculation analysis techniques and certification
- Created an ejaculation analysis protocol for college wide approval

2018

Research Assistant, University of Kentucky, Stress, Trauma, and Recovery Research Collaborative (STARRC) Lab, Psychology and Biology Departments
Principal Investigator: Christal Badour, Ph.D.

Responsibilities:

- Participated in an 8-week Summer Undergraduate Psychological Research Experience (SUPRE) funded by the American Psychological Association (APA).
- Proposed and conducted data analysis resulting in a poster presentation on the role of self-disgust on sexual functioning among women with a history of sexual trauma.
- Assisted graduate students in research on Post-Traumatic Stress Disorder (PTSD) and emotional regulation creating standardized assessments, compiling and collecting data, and assisting with participant sessions.

2016-
2018

Research Assistant, College of Wooster, Psychology and Biology Departments
Principal Investigator: Bryan Karazisa, Ph.D.

Responsibilities:

- Assisted on a meta-analysis related to the stability of body dissatisfaction.
- Conducted a thorough literature review and extracted statistics from published research.

ADVANCED RESEARCH AND STATISTICAL TRAINING

Academic Courses

Spring 2024	Multilevel Modeling Changsoo Song, Ph.D. University of Nebraska–Lincoln
Spring 2022	Structural Equation Modeling Anna Jaffe, Ph.D. University of Nebraska–Lincoln
Summer 2021	Data Science and Visualization in R Jeffery Stevens, Ph.D. University of Nebraska–Lincoln

Methodological and Statistical Workshops

Spring 2024	Introduction to Multilevel Modeling with R QuantFish
Summer 2024	Introduction to Structural Equation Modeling CenterStat
Summer 2024	Statistical Power Considerations Rebecca Brock, Ph.D. University of Nebraska–Lincoln

TEACHING AND MENTORSHIP

Graduate Academic Teaching/Consultation

Anticipated Spring 2025	Teaching Assistant & Guest Lecturer , University of Nebraska-Lincoln <i>Graduate course title:</i> Structural Equation Modeling <i>Course instructor:</i> Rebecca Brock, Ph.D. <i>Responsibilities:</i> <ul style="list-style-type: none">• Hold weekly office hours and provided statistical consultation on student assignments and other research projects utilizing SEM• Grade student assignments
Summer 2024	Diversity, Equity, and Inclusion Teaching Assistant , University of Nebraska-Lincoln, Department of Psychology <i>Supervisor:</i> Tierney Lorenz, Ph.D. <i>Responsibilities:</i> <ul style="list-style-type: none">• Conducted a thorough review of the syllabus for core clinical psychology courses.• Created and presented individualized and department wide recommendations to increase diversity, equity, and inclusion efforts within course content and syllabus structure
Fall 2024- present	Graduate Assistantship in Quantitative Methods , University of Nebraska-Lincoln <i>Supervisor:</i> Rebecca Brock, Ph.D. <i>Responsibilities:</i>

- Awarded a competitive position as the graduate assistantship in quantitative methods.
- Holding individual supervised consultation in quantitative methods (e.g., answering questions about coursework, troubleshooting ongoing data analysis, helping to develop data analysis plans) for graduate students and staff in Psychology.
- Holding department initiatives in quantitative training (e.g., Quant club, invited speakers and trainings) and supported advanced quantitative coursework (e.g., providing consultation to students).

Spring
2024

Guest Lecturer, University of Nebraska-Lincoln
Undergraduate course title: Health Psychology (PSYC- 428)
Course instructor: Breanne Sande-Martin M.A.

Guest Lecture: Current research and evidence-based practices for sexual functioning diagnosis and treatment

Undergraduate Academic Teaching

Spring
2019

Teaching Assistant, Department of Psychology, The College of Wooster
Course Title: Introduction to Psychology
Course Instructor: Amber Garica, Ph.D.

Responsibilities:

- Assisted faculty members with classroom instruction material, grading, and small group discussions both in class and through weekly one-on-one office hours.
- Graded student assignments.

Spring
2019

Teaching Assistant, Department of Biology, The College of Wooster
Course Title: Independent Study/Bio Statistics
Course Instructor: Nicholas Brandley, Ph.D. (team taught)

Responsibilities:

- Assisted faculty members with classroom instruction material, grading, and small group discussions both in class and through weekly one-on-one office hours.
- Worked with students on development of writing skills and cumulative undergraduate thesis proposals.

Fall 2016-
Spring
2018

Psychology and Biology Peer Tutor, The Learning Center
The College of Wooster

Responsibilities:

- Served as a mentor and source of guidance for first- and second-year students navigating college.
- Met individually with students to address understanding of class content, prepare for examinations, and increase knowledge of tools such as SPSS.
- Completed training on learning styles, communication of information, and time management, to more competently aid peers.

Research Mentorship

2020 – present

Women’s Integrative Sexual Health (WISH) Lab, University of Nebraska-Lincoln
Principal Investigator: Tierney Lorenz, Ph.D.

General Mentorship Activities:

- Provided hands-on mentorship to undergraduate students in conceptualizing, planning, and executing research projects across various disciplines. Offered guidance on literature review, experimental design, data collection, analysis, interpretation, and assisted students in developing effective presentation skills.
- Guided various undergraduate research projects, including a project investigating the association between sexual fantasies, sexual sensation seeking, and sex-linked substance use, resulting in an oral poster presentation and at the Rural Drug Addiction Research Center (RDAR) Symposium on Substance Use Research.
- Supervised undergraduate students in laboratory settings, ensuring adherence to safety protocols, experimental procedures, and ethical standards conducting in-person research studies.

CLINICAL EXPERIENCE AND TRAINING

University of Nebraska-Lincoln

CLINICAL EXPERIENCE

2023-2024

Clinical Psychology Extern, Center for Advocacy, Response and Education (CARE), University of Nebraska-Lincoln
Supervisor: David DiLillo, Ph.D.
Supervision Frequency: 1.5 hours/week (individual)
Direct hours: 240

Description: The CARE psychology extern provides evidence-based, cognitive-behavioral treatments to individuals experiencing trauma-related distress following traumatic events, specifically for survivors of sexual assault and interpersonal violence.

Experience:

- Implement evidence-based therapy for PTSD, including Cognitive Processing Therapy (CPT), Prolonged Exposure (PE), and Skills Training in Affective and Interpersonal Regulation (STAIR).
- Conduct comprehensive assessments of therapy clients to identify risk factors, including suicidal ideation, self-harm behaviors, substance abuse, and interpersonal violence. Develop individualized risk management plans to address identified risks and enhance client safety.
- Create individualized treatment plans for each client.
- Consult as part of an interdisciplinary team with confidential advocates.
- Complete trainings on empirically supported treatments for PTSD.

2022 – present

Therapist, Trauma Recovery Clinic, University of Nebraska-Lincoln
Supervisors: Anna Jaffe, Ph.D., & Peter Meidlinger, Ph.D.
Supervision frequency: 1.5 hours/week (individual & group)
Direct hours: 49

Description: The Trauma Recovery Clinic provides evidence-based, cognitive-behavioral treatments to individuals experiencing trauma-related distress following traumatic events, including sexual assault, intimate partner violence, accidents, disasters, physical assault or other crimes, and discrimination-based violence.

Experience:

- Conduct diagnostic intake interviews, including structured assessments with the Clinician Administered PTSD Scale for DSM-5 (CAPS-5)
- Implement evidence-based therapy for PTSD, including Cognitive Processing Therapy (CPT), Prolonged Exposure (PE), and Skills Training in Affective and Interpersonal Regulation (STAIR).
- Conduct comprehensive assessments of therapy clients to identify risk factors, including suicidal ideation, self-harm behaviors, substance abuse, and interpersonal violence. Develop individualized risk management plans to address identified risks and enhance client safety.
- Create individualized treatment plans for each client.
- Complete trainings on empirically supported treatments for PTSD.

2022-
2023

Clinical Psychology Extern, Lincoln Regional Center

Supervisor: Cynthia Miller, Ph.D.

Supervision Frequency: 1 hour/week (individual)

Direct hours: 148.5

Description: The Lincoln Regional Center is a 250-bed, state inpatient psychiatric hospital that serves people who need specialized psychiatric services. Services include women's and men's acute residential psychiatric services, forensic psychiatric services, and a sex offender program.

Experience:

- Conducted diagnostic intake interviews/assessments with among the women's and men's acute residential psychiatric services and the sex offender program.
- Administered, scored, and interpreted cognitive tests (e.g., RBANDS), personality inventories (e.g., PAI, MCMI-IV, MMPI), and symptom inventories.
- Reviewed collateral information (e.g., previous inpatient/residential treatment summaries, arrest records, previous psychological assessments).
- Wrote integrated, comprehensive psychological intake assessments.
- Facilitated weekly empirically supported group treatments (e.g., Social Skills Group and Substance Use Group).
- Cofacilitated weekly empirically supported group treatments. (e.g., DBT Interpersonal Skills, Competency Restoration Group).
- Individual therapy to a diverse range of acute psychiatric and forensic clients.
- Consulted weekly and collaborated care with a disciplinary treatment team of providers including psychiatrists, social workers, physicians, nurse practitioners, occupational therapists, and pharmacists.

2022-
2023

Peer Supervisor, Psychological Consultation Center, University of Nebraska-Lincoln

Supervisors: Shannon Black, Ph.D.

Direct hours: 42

Description: The Psychological Consultation Center (PCC) is the on-campus clinic for the University of Nebraska–Lincoln Clinical Psychology Training Program. The PCC provides

outpatient psychotherapy and assessment services to the general community in Lincoln and southeast Nebraska.

Experience:

- Provided live supervision feedback to second-year student therapists who are delivering individual therapy services.
- Assisted with case conceptualization, treatment planning, risk assessment, and therapeutic skill development.

2022

Clinical Psychology Extern, Rite of Passage Uta Halee Academy

Supervisor: Mary Fran Flood, Ph.D.

Supervision Frequency: 1 hour/week (individual)

Direct assessment hours: 87

Description: Rite of Passage Uta Halee Academy is a residential setting for adolescent females with behavioral and emotional problems who are referred from Juvenile Probation and child welfare agencies. Services include case management, treatment planning, therapy, and academic and recreational programming, and service learning.

Experience:

- Conduct comprehensive diagnostic intake interviews and psychological assessments for youth upon entrance to the program.
- Administer cognitive tests (e.g., WASI-II, WISC-V), behavioral/emotional and trauma checklists (e.g., BASC-3, TSCC), substance abuse screeners (e.g., SASSI-A2), violence and suicide risk assessments (e.g., CAMS, SAVRY), and other appropriate measures based on referral issues.
- Write integrated reports using assessment information.
- Create interdisciplinary treatment plans for each resident.
- Create preliminary reports (recommendations for how general staff can best work with the youth) to be shared with all appropriate staff members.
- Participate in interdisciplinary treatment team meetings to create inform treatment plans for each student.

2022

Group Facilitator and Program Developer, Sports Psychology and Athletic Department, University of Nebraska-Lincoln

Supervisor: Brianna Ward Ph.D.

Direct intervention hours: 4

Description: The University of Nebraska-Lincoln's Sports Psychology Program and Women's golf team sought a weekly mindfulness-based protocol focused on reducing anxiety and increasing athletic performance of their athletes.

Experience:

- Designed materials and protocol for a four-session mindfulness-based sports group therapy protocol.
- Co-facilitated a four-session mindfulness-based sports group for the UNL women's golf team.

- Sought consultation and supervision weekly during development and implementation of the protocol.

2021-
2023

Clinical Psychology Extern, Psychological Consultation Center, University of Nebraska-Lincoln

Supervisors: Peter Meidlinger, Ph.D., Dennis McChargue, Ph.D., Shannon Black, Ph.D., and Sarah King, Ph.D.

Supervision frequency: 2 hours/week (individual & group)

Direct hours: 127

Description: The Psychological Consultation Center (PCC) is the on-campus clinic for the University of Nebraska–Lincoln Clinical Psychology Training Program. The PCC provides outpatient psychotherapy and assessment services to the general community in Lincoln and southeast Nebraska.

Experience:

- Conducted diagnostic intake interviews, outpatient therapy (in-person and virtual), and psychological assessments with a diverse range of adults.
- Administered, scored, and interpreted cognitive tests (e.g., WAIS-IV, MMPI), behavioral/emotional checklists (e.g., BASC-3), symptom inventories (e.g., PCL-5, DASS), and other appropriate measures based on referral question.
- Wrote integrated reports using assessment information.
- Provided individualized assessment feedback to clients.
- Created individualized treatment plans for therapy clients.
- Implemented evidence-based psychological interventions (e.g., DBT, ACT, BA, CBT, MI) with fidelity and flexibility.
- Incorporated live supervision feedback into sessions.
- Provided service coordination with community agencies.

CLINICAL RESEARCH EXPERIENCE

2023-
2024

Clinical Research Interventionist, Motivations, Attitudes, and Perceptions (MAP)

Principal Investigators: David DiLillo, Ph.D. & Sarah Gervais, Ph.D.

Supervisors: Vicki DiLillo, Ph.D. & Lindsay Orchowski, Ph.D.

Supervision Frequency: 1.5 hours/biweekly (group)

Direct intervention hours: 11.50

Description: The Motivations, Attitudes, and Perceptions (MAP) Study is an NIAAA-funded project seeks to reduce sexual violence through a new Motivational Interviewing (MI) intervention to decrease heavy drinking and encourage young adults to intervene with their peers to prevent sexual assault through bystander intervention.

Experience:

- Complete training on MI skills and project specific MI protocols (e.g., MTB and ALC).
- Implement project specific MI protocols intervention focused on increasing prosocial bystander intervention behaviors and reducing alcohol misuse behaviors.
- Engage in peer supervision.

2021-
2022

Clinical Interviewer, Identity, Resilience, and Interconnection after Stress (IRIS)

Principal Investigator/Supervisors: Anna Jaffe, Ph.D.

Supervision Frequency: 1.5 hours/biweekly (group)

Direct hours: 15

Description: The IRIS study is led by Dr. Anna Jaffe and involves assessing trajectories of PTSD, alcohol use, and social changes among young adults who have had a recent sexual assault and comparisons without a history of sexual assault. Procedures involve diagnostic and semi-structured interviews, online surveys, ecological momentary assessment (EMA) involving phone-based surveys, and a wrist-based alcohol monitor (the Skyn).

Experience:

- Completed standardized training to conduct Clinician-Administered PTSD Scale for DSM-5 (CAPS-5) diagnostic interviews.
- Conducted CAPS-5 and semi-structured sexual assault and social network interviews among young adults who had experienced a recent sexual assault.
- Engage in peer supervision and training of peer graduate researchers on both CAPS-5 interviews and semi-structured interviews.

2020-
2021

Clinical Interviewer, Desire & Immunity Across the Life Span (DIALS)

Principal Investigator/Supervisors: Tierney Lorenz, Ph.D.

Supervision Frequency: 1 hours/week (group)

Direct hours: 13.5

Description: The DIALS Study sought to understand how inflammation is related to women's sexual desire in both pre- and post-menopausal women. Procedures involve diagnostic sexual functioning interviews, a sexual arousal paradigm collecting physiological measures of arousal (e.g., photoplethysmograph, EKG) and online surveys.

Experience:

- Completed standardized training to conduct diagnostic sexual function interviews for Female Sexual Disorders in the DSM-5.
- Conducted diagnostic sexual function interviews among pre- and post-menopausal women.
- Engage in group supervision.

DIDACTIC TRAINING

Fall 2021

Psychological Assessment Techniques

Instructor: Mario Scalora, Ph.D.

Training: administration and interpretation of the Minnesota Multiphasic Personality Inventory-2 (MMPI-2), Millon Clinical Multiaxial Inventory-IV (MCMI-IV), and Personality Assessment Interview (PAI)

Spring
2021

Clinical Interviewing

Instructor: Dennis McChargue, Ph.D.

Training: foundations of clinical interviewing (e.g., building rapport, nondirective and directive listening, mental status examination, intake interview)

Fall 2020 **Introduction to Clinical Assessment**

Instructor: Kathy Chiou, Ph.D.

Training: administration of the Wechsler Adult Intelligence Scale (WAIS-IV) and the Wechsler Intelligence Scale for Children (WISC-V)

SELECTED CLINICAL COLLOQUIA, TRAININGS, AND WORKSHOPS

February 2024	Sexual Attitudes Readjustment (SAR) Training
April 2024	The International Society for the Study of Women's Sexual Health
August 2023	Skills Training in Affective and Interpersonal Regulation (STAIR)
	Veterans Health Administration TRAIN
February 2023	Understanding Suicide Risk: A Review of Current Research and Best Practices
	Keyne Law, Ph.D.
February 2023	Motivational Interviewing Training
	Nadine R Mastroleo, Ph.D.
January 2023	Dialectical Behavioral Therapy (DBT) Skills Training
	John Smith MSW, LMSW; Region V Systems & the Division of Behavioral Health
January 2023	Introduction to Dialectical Behavioral Therapy (DBT)
	John Smith MSW, LMSW; Region V Systems & the Division of Behavioral Health
January 2023	Handle with CARE
	The Lincoln Regional Center
December 2022	Cognitive Processing Therapy (CPT) Training
	Medical University of South Carolina
February 2022	Best Practices for CBT with LGBTQA+ Adults
	Debra Hope, Ph.D.
	Association for Behavioral and Cognitive Therapies
November 2021	Clinician-Administered PTSD Scale for DSM-5 (CAPS-5) Clinician Training
	National Center for PTSD
February 2020	A Brief Introduction to Addressing Sexual Wellbeing in Therapy and Assessment: Trust me, it's way less awkward than you think
	Tierney Lorenz, Ph.D.
November 2020	Collaborative Assessment and Management of Suicidality (CAMS) Training
	CAMS-CARE
May 2020	Components for Enhancing Clinician Engagement and Reducing Trauma
	Secondary Traumatic Stress Symposium
March 2020	Trauma-Focused Cognitive Behavioral Therapy for Children in Foster Care
	American Professional Society on the Abuse of Children

SERVICE

National

2023 – 2024	Scientific Committee Member <i>*one of the first students nominated</i> International Society for the Study of Women’s Sexual Health
2024 – present	Membership Outreach Committee Member International Society for the Study of Women’s Sexual Health
2022 – present	Student/Trainee Committee Member International Society for the Study of Women’s Sexual Health

University of Nebraska-Lincoln

2024	Quantitative Club Facilitator
2024	Judge for Honors Student Research/UCARE
2020 – present	Clinical Psychology Interview Weekend Committee Member
2020 – 2023	Quantitative Club Member

Ad Hoc Journal Reviewer

- Journal of Sex Research
- Family Process Journal
- Proceedings of the Royal Society B
- Archives of Sexual Behavior **Lead Journal Reviewer*
- Journal of Family Violence

PROFESSIONAL AFFILIATIONS

2021- Present	American Psychological Association (APA): Division 12, Society of Clinical Psychology Student Member
2021- Present	Nebraska Psychological Association Student Member
2020- Present	International Society for the Study of Women’s Sexual Health Student Member
2020-2023	International Academy for Sex Research Student Member
2018- 20019	Beta Beta, The National Biological Honors Society Student Member
2016-2019	Psi Chi, The International Honor Society in Psychology Secretary (2018-2019)